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March 16, 2018

Former College Football Player Convicted of Rape

A Hemet man was convicted yesterday of raping a fellow college student in 2016, the Los Angeles County District Attorney's Office announced.

The jury deliberated for less than a day before finding Kishawn Holmes (dob 9/30/95) guilty of forcible rape in case VA145919.

The defendant is scheduled to be sentenced May 2 in Department H of the Los Angeles County Superior Court, Norwalk Branch. He faces a maximum possible sentence of 18 years in state prison and lifetime sex offender registration.

Deputy District Attorney Mariela Torres of the Victim Impact Program, who prosecuted the case, said at the time of the crime, Holmes was a football player at Cerritos College in Norwalk.

On Sept. 8, 2016, Holmes invited a fellow college student, a 19-year-old woman, to his Norwalk apartment, the prosecutor said.

While in his room, the defendant sexually assaulted the woman, according to the prosecutor.

The victim told several people about the attack, but waited to alert law enforcement until January 2017, according to trial testimony.

After further investigation, authorities arrested Holmes and charged him in connection with the rape in February 2017. The defendant has remained in custody since his apprehension.

The case was investigated by the Los Angeles County Sheriff's Department.

About the Los Angeles County District Attorney's Office

Los Angeles County District Attorney Jackie Lacey leads the largest local prosecutorial office in the nation. Her staff of nearly 1,000 attorneys, 300 investigators and 800 support staff members is dedicated to protecting our community through the fair and ethical pursuit of justice and the safeguarding of crime victims' rights.